



Box 179, Consul SK SON OP0 |
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CONSUL SCHOOL NEWSLETTER

November Issue

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*Believe, Achieve,
Succeed*

SCHOOL SPIRIT DAYS



Halloween Costume Winners

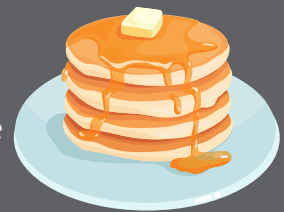
- K-2 Boy - Dawson S. as a granny
- K-2 Girl - Maysa S. as a viking
- 3-5 Boy - Rylan W. as Harry Potter
- 3-5 Girl - Emerson K. as Harlequin
- 6-8 Boy - Danny B. as Ghost Face
- 6-8 Girl - Brooklyn N. as a rapper
- 9-12 Boy - Mac A. as a Trump supporter
- 9-12 Girl - Jane B. as Strawberry Shortcake
- Group - Mackayla D & Isabella D. as Hangover



PAJAMA DAY

Friday, November 1st

Wear your pajamas and enjoy a pancake breakfast



SAVE THE DATE

DODGEBALL TOURNAMENT

Tuesday, November 26th - 4pm start time

It's time for our annual **Telemiracle Fundraiser!**

Enter your 5 man dodgeball teams by November 22nd. \$25/team

Chilli supper for \$5/bowl - supper around 6pm

COUGAR SPORTS

GOOD LUCK IN THE PLAYOFFS ATHLETES!

“

Dedication, hard work all the time, and believe.

VOLLEYBALL

COACHES

you are
A·M·A·Z·I·N·G

Jr. Girls and Boys: Mrs. Stokke & Mrs. Behrman
Sr. Girls: Darby Delorme and Kalee Delorme
Sr. Boys: Cory Johnson

Thank you for your dedication to our athletes.



SR. BOYS CONFERENCES

We are hosting Sr. Boys Volleyball Conferences on **Friday, Nov. 8th.**

Come out and cheer on our boys!!

Action will start at 9am

We are looking for community volunteers who would be willing to help lines, scorekeep, gate workers, etc.



Jr. Girls - Esmae D, Emerson K, Hally A, Hadley D, Jenaya B, Brooklyn N, Mackayla D, Aeverie H, Faith J.

Jr. Boys - Reid B, Corey B, Daniel B, Sam S, Holt J, Brayden L, Lane S.

Sr. Girls - Isabella D, Sierra M, Shiloh D, Nevaeh H, Lily S, Elisha B, Reese M, Rylee B, Lexie A, Kadence K, Jaelyn W.

Sr. Boys - Holt J, Brayden L, Lane S, Gavin J, Korban J, Chase J, Jordan L, Wade S, Nolan Z.

VOLLEYBALL ROSTERS

Gr. 10-12 Report Cards



Report Cards for Gr. 10-12 students will be available in My School Sask on **Thursday, Nov. 7th**

Parent Teacher Interviews

Parent Teacher Interviews will be held:

- **Monday, Nov. 18th from 3:00-5:30pm** and
- **Monday, Nov. 25th from 3:00-5:30pm**

If you wish to make an appointment with a teacher please call the school to book a time.



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Anyone who has never made a mistake has never tried anything new.

THANK YOU!

- **Mrs. Behrman** for donating eggs to the PAA cooking class
- **Mrs. Tittle** and **Mrs. D. Stokke** for the amazing booth all volleyball season.
- **Silver Sage Beef** and **Linda Anderson** for the donation towards the K-2 hamburger food sale
- **Melody Brazil** and **Maria Blatz** for helping prepare the K-2 food sale
- **Village of Consul** and the **110th Committee** for the donation from the 110th celebration
- **Donna Reynolds** and **Maria Blatz** for helping bake in the PAA 9 class
- **Heather Newman** for providing the prizes for the Halloween costumes

Christmas Fundraiser

Need a poinsettia or a wreath for Christmas? You can order online at <https://consulschoolsrc.growingsmilesfundraising.com> The deadline to order is Tuesday, Nov. 12th and items will be available for pick up on Thursday, Nov. 28th.

GROWING SMILES



WINTER FUNDRAISER

REMEMBRANCE DAY SERVICE

Thursday, November 7th at 11am

Everyone Welcome!

"They shall grow not old, as we that are left grow old: Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning, We will remember them."



Education Week

November 24-30

**Learning
is a
Journey!**



Activities:

- Record Breaking Days - Monday, Nov. 25th
- Telemiracle Dodgeball Tournament - Tuesday, Nov. 26th

Cypress Credit Union September Student Awards



**THE GREATEST
AWARD IS DOING
SOMETHING YOU'RE
PROUD OF.**



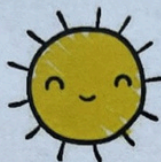
Counsellor's Corner with

Mrs. Sarah Koch

Self-Care & Mental Health for Kids



Share your own feelings to encourage self-awareness.



Set aside time for low-stress or solo activities.



Find social groups that help them feel like they belong.



Focus on articulating feelings.

"I am angry."
"I am sad."

Encourage journaling and diaries.



Practice self-care for yourself to set the standard.



Encourage your child to focus on the moment.

Establish a self-care routine.

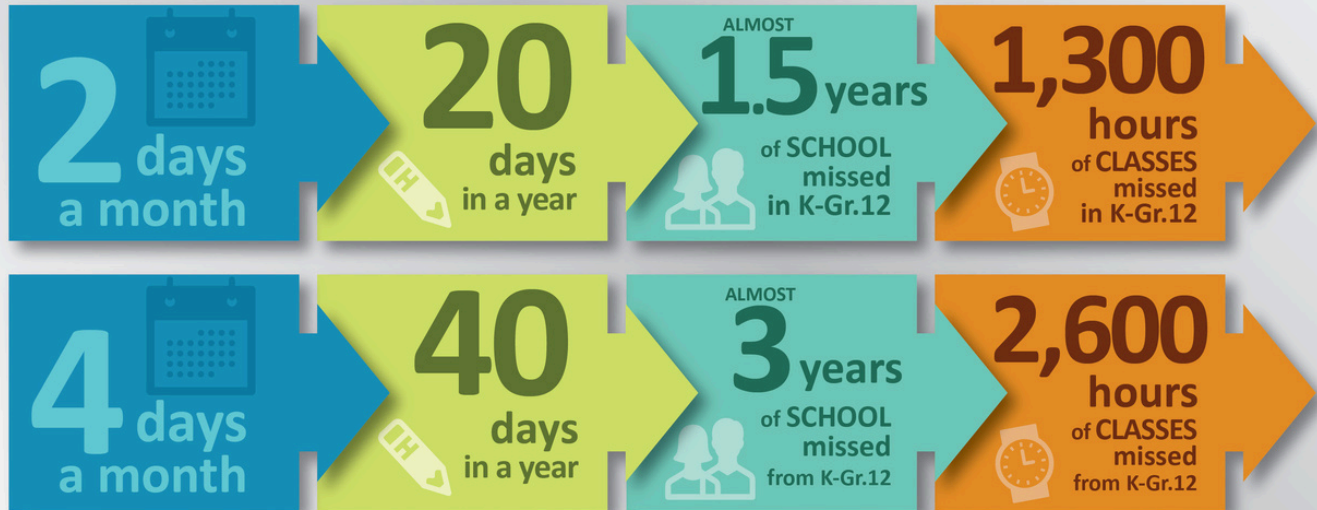
Recognize toxic stress events.

BlessingManifesting

Cultivate interests and hobbies.

Student absences

ATTENDANCE MATTERS



School is better... when we're there together!

Missing 20 days or more of school each year is called chronic absenteeism. 24% of Chinook Gr. 10-12 students are chronically absent.

Chronic absenteeism year after year creates large gaps in student learning. This leads to:

- a loss of confidence in school work
- being overwhelmed, resulting in anxiety and a disconnect from school
- less involvement in extra-curricular activities
- a loss of connections with friends and social groups
- most importantly... failed classes

Failed classes can lead to not having enough credits to graduate.

In Canada, 40,000 high school students drop out each year ...

[In Saskatchewan](#), that's **1 out of 4** students who don't graduate.

[In Chinook](#), that's **1 out of 8** students who don't graduate.

Every day counts...

Students who drop out of high school:

- Earn 15-20% less than high school graduates, and that gap grows each year.
- Are 2 1/2 times more likely to be unemployed.

But it doesn't have to be this way... research shows improved attendance leads to improved academic success.

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 • Pancake breakfast • Pajama Day	2 • Jr. Boys volleyball Districts @ Swift Current • Sr. Girls Conferces @ Frontier • Sr. Boys tournament at Ponteix
3	4 • Spirit Club meeting • Career Councillor	5 • Kindergarten • Piano • Gr. 6 & 8 immunizations • Sr. Girls host consolation league playoffs	6 • Playschool	7 • Kindergarten • Gr. 10-12 report cards • Remembrance Day service @ 11	8 • No School • Host Sr. Boys Conferces	9
10	11 • No School <i>Remembrance Day...</i> 	12 • Piano • Counselor Sarah • Christmas Plant fundraiser order deadline	13 • Kindergarten • Driver Ed	14 • Playschool • SCC pizza food sale forms due	15 • Kindergarten	16
17	18 • Parent Teacher Interviews • Driver Ed	19 • Kindergarten • Piano	20 • Playschool • SLC conference in Gull Lake	21 • Kindergarten • SCC pizza food sale	22	23
24 • Education Week	25 • Kindergarten • Record Breaking Days • Parent Teacher Interviews	26 • Piano • Counselor Sarah • Telemiracle Dodgeball Tournament	27 • Kindergarten • Early Dismissal	28 • Playschool • Christmas Plant pick up	29 • Kindergarten	30