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CONSUL SCHOOL NEWSLETTER

JANUARY ISSUE



*Believe, Achieve,
Succeed*

Winter Games - Friday, Jan. 10th

We will be hosting the WINTER GAMES on Friday, January 10th. Students were able to choose between playing in a 3 on 3 Hockey Tournament or a Curling Bonspiel. They have met as a team and chose a team name and a costume. The day of the Winter Games they should come in costume. Prizes will be awarded.

·Hockey Players will need to bring: gloves, a helmet, skates, stick and neck guard (other equipment is optional).

·Curlers will need to bring: gym shoes, broom and a slider.

Please borrow from someone on the other teams, if you don't have your own gear.

The booth will be open this day. Students may purchase lunch or bring their own.

Thanks to the coaches who have volunteered to help! Coaches please meet at the school at 8:50 am. for the Opening Ceremony. We will then head to the rink and games will start at 9:30 am.

We still need volunteers to help in the booth throughout the day. If you are willing to come in for an hour or two, please call the office.



WINTER GAMES – FRIDAY, JAN. 10TH

GR. K-12 CURLING TEAMS

Rodeo Rock Racers Reese Dominic Emerson Kelly Coach: Mrs. Wenzel	Sweeping Sight Seers Lily Hadley Ava Justina Coach: Mrs. D. Stokke	The Golden Curls Jane Hally Marcella Coach: Mrs. Jones
Stone Cold Curlers Sierra Esmae Zac Whitney Coach: Mrs. Geiger	Soaring Sweeping Hawks Aeverie Brooklyn Jairah Coach: Miss David	Rock Stars Faith Kate Beth Maysa Coach: Mrs. A. Stokke

GR. K-6 HOCKEY TEAMS

NHL Rejects Reid Matthew Chloe Silas Holden Kade Coach: Kevin Bolduc	The Ice Holes Tucker Bronx Rylan Axel Rio Coach: Mrs. Swihart	The Mighty Ducks Amos Sammie Nethaniel Logan Dawson Coach: Wyatt Geiger
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GR. 7-12 HOCKEY TEAMS

Pinky Pies Chase Rhett Holt Nate Daniel Lexie Coach: Jay Stokke	The Sunflowers Gavin Jordan Will Wade Sam Mac Lane Coach: James Blakley	The Hunters Korban Tanner Brayden Shiloh Trey Corey Coach: John Blatz
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COUGAR SPORTS

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*Dedication, hard
work all the time,
and believe.*

CURLING



This year we have one senior team and two junior teams of curlers. Practices have started and we look forward to playing some games. Stay tuned for more curling news as the season gets going.

Coaches: Mrs. Jones, Heidi Beierbach and Shay Pridmore

Curlers: Reese M., Sierra M., Jane B., Shiloh D., Jenaya B., Faith J., Brooklyn N., Hadley D., Trey M., Tucker J. and Reid B.



- **Linda Brown** for donating the buns to the Christmas Market food sale and the Christmas Dinner
- **Donna Reynolds** for the cookies at Christmas Concert and helping with the PAA 9 class
- Everyone who donated items to the Christmas Dinner
- Everyone that sent treats to the staff before Christmas

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Anyone who has never made a mistake has never tried anything new.



SAVE
-THE-
DATE

Wednesday, Feb. 5th

- GRADE 1-3 ELKWATER CYPRESS PARK TRIP
- GRADE 4-12 SKI TRIP

Please watch for more information, as well as permission forms, that will be sent home.

Grade 10-12 January Exam Schedule

Date	Grade 10	Grade 11	Grade 12
Monday, Jan. 27	<ul style="list-style-type: none"> • Math W10 Exam 8:45am – 12:00pm 	<ul style="list-style-type: none"> • Math F20 Exam 12:45pm -3:00pm 	<ul style="list-style-type: none"> • Math W30 Departmental Exam 12:45pm -3:30pm
Tuesday, Jan. 28	<ul style="list-style-type: none"> • ELA 10 Exam 8:45am - 12:00pm 	<ul style="list-style-type: none"> • ELA 20 Exam 8:45am - 12:00pm 	<ul style="list-style-type: none"> • ELA 30 Exam 8:45am - 12:00pm
Wednesday, Jan. 29	<ul style="list-style-type: none"> • Science 10 Exam 8:45am - 12:00pm 	<ul style="list-style-type: none"> • Biology Exam 8:45am - 12:00pm 	<ul style="list-style-type: none"> • Biology Exam 8:45am - 12:00pm

K-12 Report Cards - January 31

All report cards will be available on My School Sask on **Friday, Jan. 31st**. We are requesting that you try logging in to your account PRIOR to this to allow us time to fix up any login errors prior to report cards being published.

Please login at <https://myschoolsask.ca/aspen/logon.do>

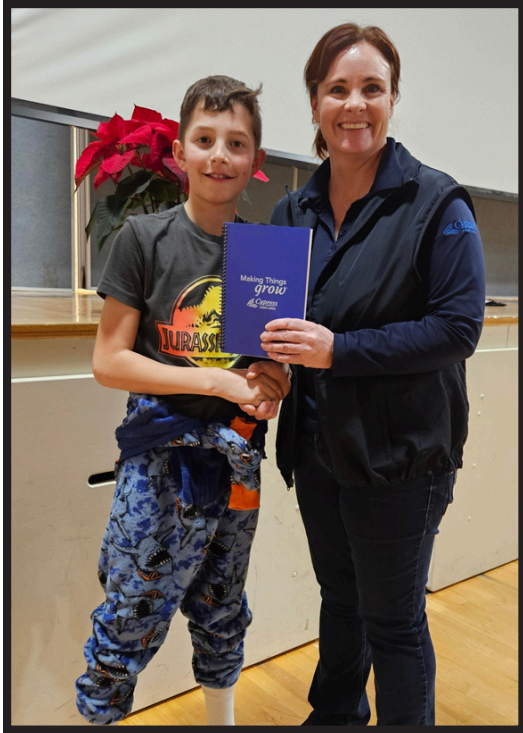
Once there, you will use the Login ID and password that was provided to you. If you do not remember your Login ID, please connect with the Office Manager for support.

If you do not remember your password, PLEASE use the “I forgot my password” option to ensure that you do not get locked out of your account for trying incorrectly too many times.

Grade K-8 report cards will be printed and sent home with students on **Monday, Feb. 3rd**.

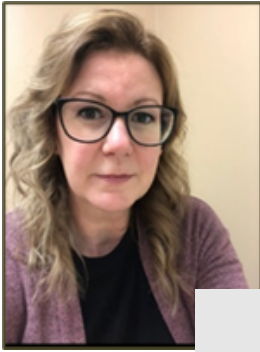


Cypress Credit Union December Student Awards



THE GREATEST AWARD IS DOING
SOMETHING YOU ARE PROUD OF.





Counsellor's Corner with

Mrs. Sarah Koch

TIPS TO BUILD EMOTIONAL RESILIENCE IN KIDS

Spend quality time with kids.
When they feel loved and supported, children develop emotional strength.

Talk about feelings so your child learns to share their worries and fears with people they trust.

Instead of rushing to solve problems, give kids time to work things out themselves.

When children experience failure or disappointment, it's important to praise their effort and encourage them to try again.

Acknowledge your own mistakes to teach kids that mistakes are essential for learning and growth.

If your child can't find a solution to a problem, use gentle questioning to guide them towards it.

Ensure kids are eating well and getting enough sleep and exercise.

January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 • Kindergarten • Driver Ed class	7 • Piano	8 • Kindergarten • Curling practice	9 • Playschool	10 • Kindergarten • Winter Games	11
12	13 • Driver Ed class	14 • Kindergarten • Counselor Sarah • Piano	15 • Playschool • Curling practice	16 • Kindergarten • K-2 dental visit	17	18
19	20 • Kindergarten • Driver Ed class	21 • Piano	22 • Kindergarten • Last day for DL classes • Curling practice	23 • Playschool	24 • Kindergarten	25
26	27 • Exams • Family Literacy Day	28 • Kindergarten • Exams • Counselor Sarah • Piano	29 • Exams • Playschool • Curling practice	30 • Kindergarten	31 • Turn Around Day – No School for students • Gr. K-12 Report cards	

